

# Alcohol, Tobacco, & Other Drugs Summit

Memphis, Tennessee  
April 21, 2023

Jerry Moe, MA



# Through A Child's Eyes

Jerry Moe, MA, MAC

# Addiction

A Family Disease



# The Multi-Generational Cycle

Where does it stop?





# Children at Risk

Addiction

Child Abuse

Mental Health



# Addiction

#1 Group at Risk

Genetics

Environment

# No Safe Haven Study

Almost 3x more likely for abuse

4x more likely for neglect

# Mental Health

Anxiety

Depression

PTSD





# No Safe Haven Study

“They are the most vulnerable and endangered individuals in America.”



# Children of Promise

Prevention Works

Early Intervention Works





# Resilience

## Successful Adaptation Despite Risk

Draw upon inner strengths, skills,  
and support to prevent adversity  
from derailing one's life.



# Learning About Addiction

Not Your Fault

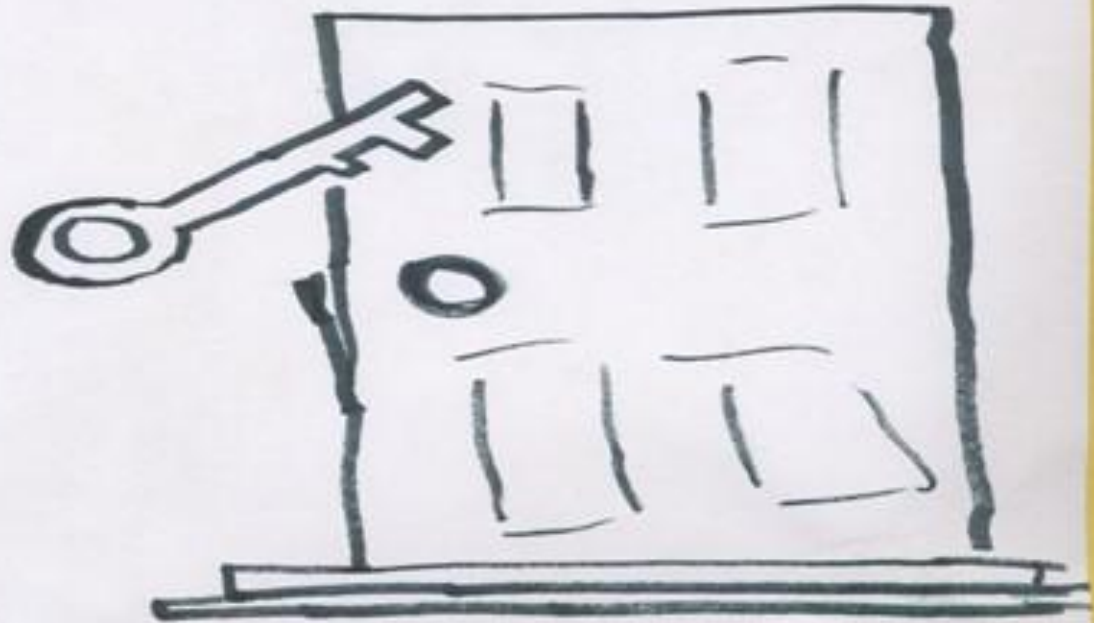
Not to Blame

The Facts





WE DO NOT  
ALLOW:  
ALCOHOL DRUGS  
NICOTINE



# Family Laws of Addiction

Don't Talk

Don't Trust

Don't Feel



# Opening Doors

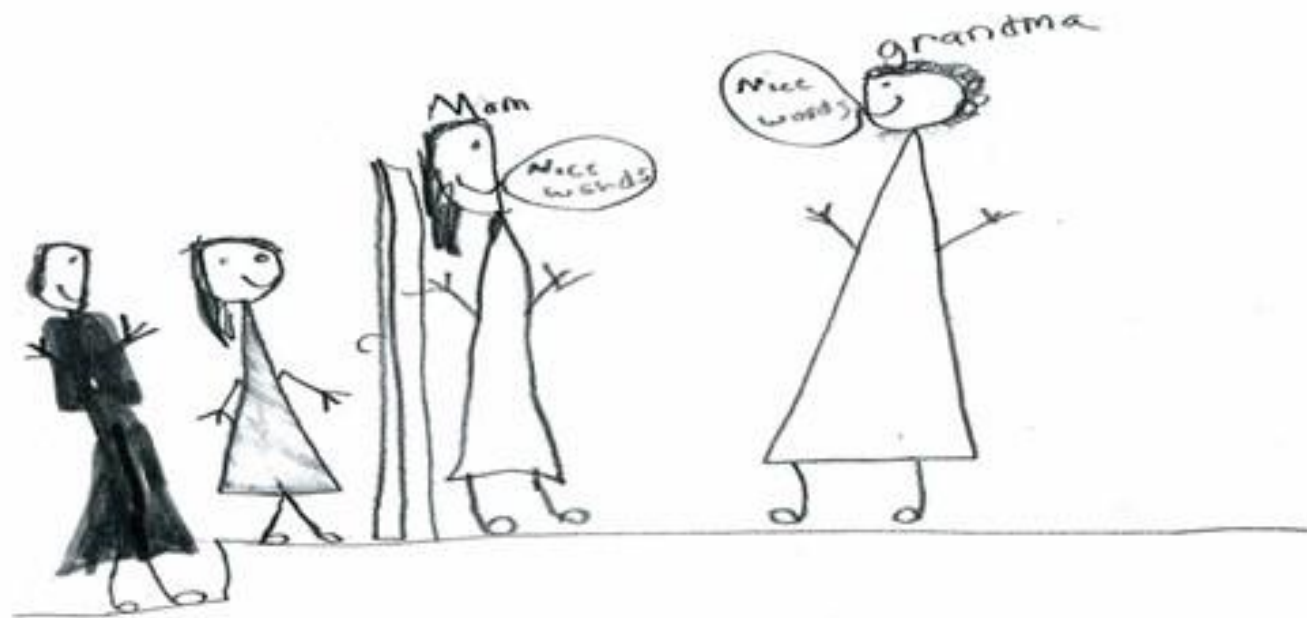
Breaking the Family Laws

Getting it Out

Validation



Now





♥ How I feel ♥  
♥ Now! ♥



2/8/06



# Self Care

Safe People Map

Body, Mind, Feelings, Spirit, Kid





# Celebration

Finding the Buried Treasure

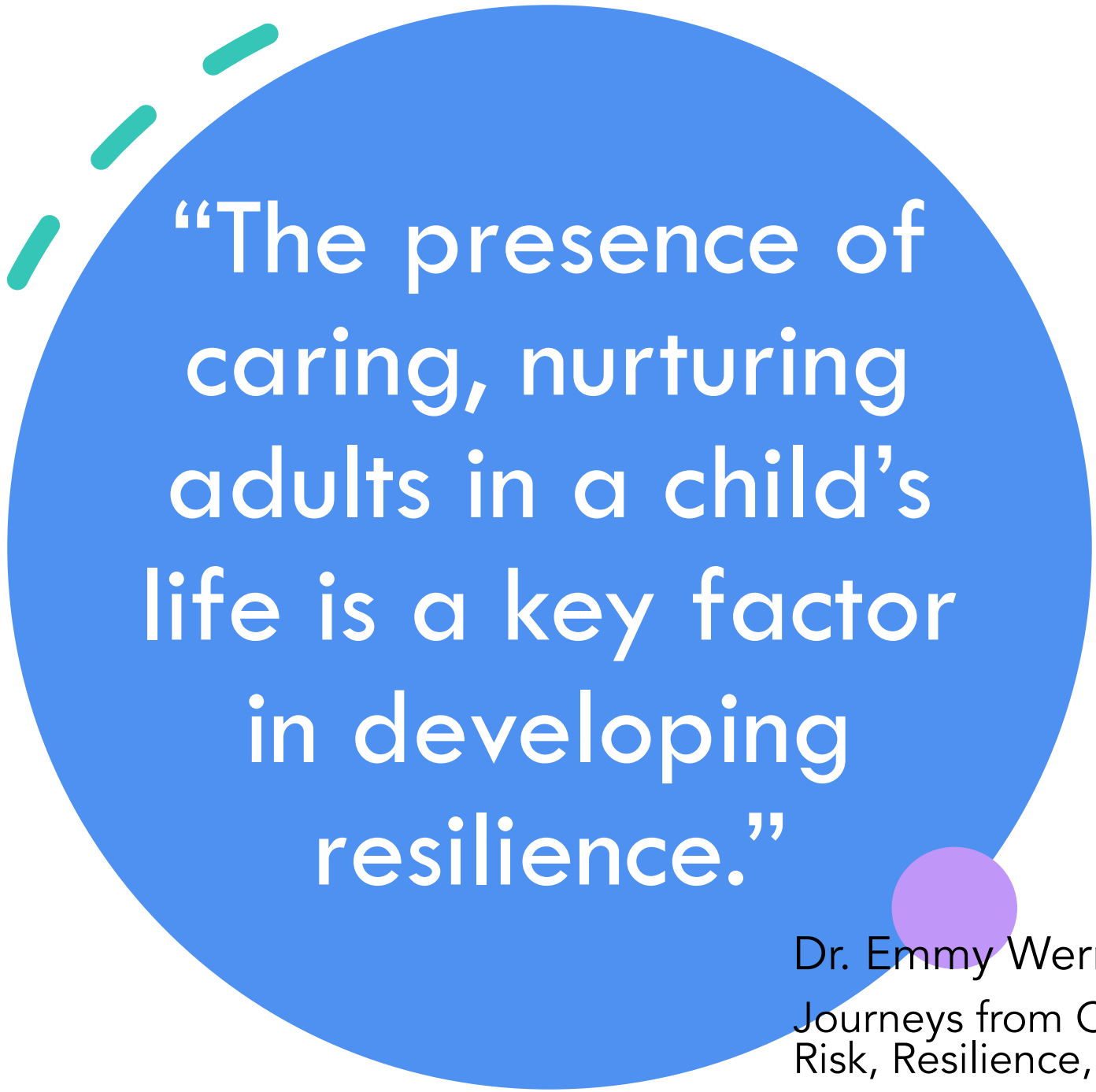
Beauty and Worth

Gifts



My Dad  
is in  
Bacoucy

Me Too



“The presence of caring, nurturing adults in a child’s life is a key factor in developing resilience.”



Dr. Emmy Werner

Journeys from Childhood to Midlife:  
Risk, Resilience, and Recovery



**LOVEE** Let Children know you care.

Listen

Observe

Validate

Educate

Empower



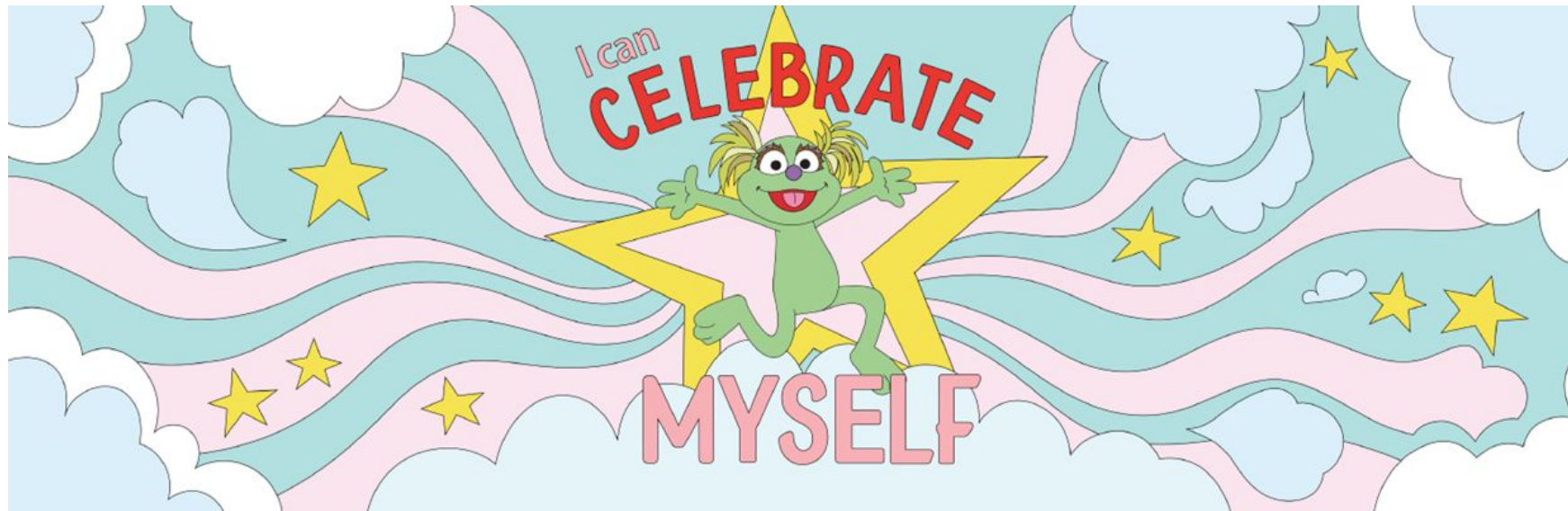
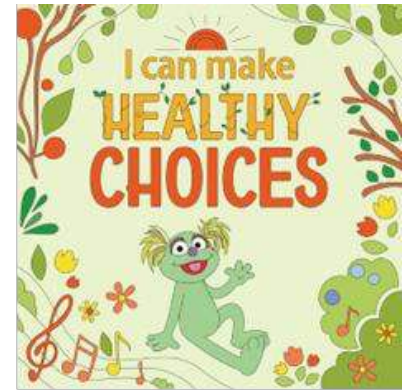
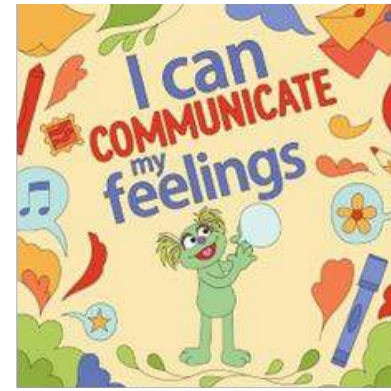
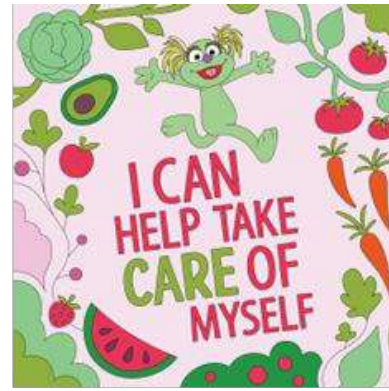
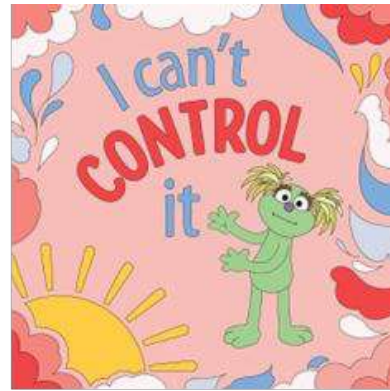
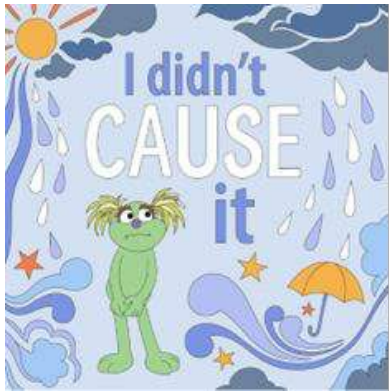
Sesame Street  
in Communities:  
Parental Addiction  
Initiative





# Karli's Coloring Quilt Interactive

A digital interactive providing a kid-friendly explanation of each of the 7 Cs





# The Website

[sesamestreetincommunities.org/topics/parental-addiction/](https://sesamestreetincommunities.org/topics/parental-addiction/)

# The National Association for Children of Addiction



VOICE  
FOR THE  
CHILDREN

[www.nacoa.org](http://www.nacoa.org)

# Key Resources: Kit for Kids



# Key Resources: Kit for Parents





The Website

[www.al-anon.org](http://www.al-anon.org)

Alateen

Courage to Be Me—Living with  
Alcoholism



Thank you!

Questions?